



VPSN APRIL SUPPLY LIST



Always come prepared with a notebook or journal, pens and pencils. For art projects you will need the items listed below, as well as sketchbook paper and drawing pencils. Art sessions will be Wednesdays from 3-4pm.

Mushroom Rock Painting

>>> April 3rd

- Watercolor paints:
 - Several different colors, also include black, brown, green, white, and metallic paint optional
- Rock
- Small paint brushes



Mountain Painting

>>> April 10th

- Acrylic paints:
 - Burnt umber, yellow ochre, sap green, burnt sienna, lemon yellow, phthalo blue, black & white
- Brushes: Filbert, Flat, and Round



Scenery Drawing

>>> April 17th

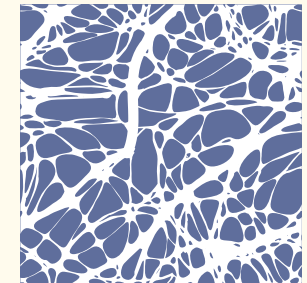
- Paper
- Drawing pencil: 3B
- Eraser



Rainbow Neurographic

>>> April 24th

- Watercolor paper
- FineLine markers/pens
- Watercolor paints and a
- Set of brushes



Check out our virtual peer support network open daily from 9am to 5pm. [Find us on our website:www.mnwitw.org/vpsn](http://www.mnwitw.org/vpsn). For more info about VPSN and a calendar of our programming and activities, go to mnwitw.org/calendar-of-sessions.

Funded by the following AMHIs: Arrowhead, NW8, Region 5+, SW18, Hennepin County, Ramsey County, and Mayo Clinic. If you are interested in providing financial support for VPSN, visit www.mnwitw.org and click Donate Now.